



# Getting on the Same Page: Offensive Holding

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# Always start with Rule 2

- No definition of holding in Rule 2

# Move on to Rule 9-3-3 (FR-104)

- 9-3-3-a Use of Hands. A teammate of a ball carrier or a passer legally may block with their shoulders, their hands, the outer surface of their arms or any other part of their body under the following provisions:
  - 1. The hand(s) shall be:
    - (a) in advance of the elbow
    - (b) Inside the frame of the opponent's body (exception when the opponent turns their back to the blocker)
    - (c) At or below the shoulder(s) of the blocker and the opponent (exception when the opponent squats, ducks, or submarines)
    - (d) Apart and never in a locked position
  - 2. The hand(s) shall be open with the palm(s) facing the frame of the opponent or closed or cupped with the palms not facing the opponent.

# Move on to Rule 9-3-3 (FR-104)

- 9-3-3-b Holding. The hand(s) and arm(s) shall not be used to grasp, pull, hook, clamp, or encircle in any way that illegally impedes or illegally obstructs an opponent.
- PENALTY—10 yards. Penalties for Team A fouls behind the neutral zone are enforced from the previous spot. Safety if the foul occurs behind Team A's goal line.

# Move on to Part II – Section 8. Blocking

- 1. If a player is illegally blocked or held “into” making a tackle, no foul should be called unless the action is a personal foul or there is an element of time between the foul and the tackle.
- 2. Obvious and intentional takedowns create special focus and should be called.
- 3. If there is a potential OH but the action occurs clearly away from the point of attack and has no (or could have no) effect on the play, OH should not be called.
- 9. OH can be called even if the QB is subsequently sacked, and there is an element of time between the foul and the tackle.
- 10. Rarely should you have an OH on a double team block unless there’s a takedown or the defender breaks the double team and is pulled back.

# Let's Check TASO Philosophies

- To have OH there must be a clear and visible material restriction: a pull, a yank, or a jerk.
- Make the defense “show you something,” like trying to get away.
- Categories of OH: Tackle, Pullover, Grab & Restrict, Hook & Restrict, Take Down, Jerk & Restrict

# Why do we need to get on the same page?

- Consistency across the chapter is key
- We told the coaches we thought we could do a more consistent job
- Let's go to film